



Our health connects us.

When you take better care of yourself, those around you will too. Your health influences family, friends, even neighbors. That's why Anthem is committed to helping you improve your health. Which is why we offer the 360° Health program, a total health and wellness solution designed for real people. All in an effort to help everyone improve their Health Footprint.SM

Did you know you had a Health Footprint?

Log on to anthem.com/connects and learn about yours.

Anthem 
Health. Join In.